

Menu during

nourish FESTIVAL

Breakfast

Served until 12pm

Bacon, Sausage or Vegetarian Sausage Sandwich £4.25 (V)

Toast with Jam or Marmalade £2.75

Granola with Yoghurt & Fruit Compote £3.95

Lunch available from 12pm

Soup of the Day

Roast Butternut Squash £4 (V)(GF)

Courgette, Leek & Thyme £4 (V)(GF)

Add: Bread 95p; Cheese Scone or Gluten Free Cheese Scone £1.50 (V)(GF)

Salad £2.50; Cheese or Ham Sandwich £3.25

Specials

Crab & Spinach Frittata with Lemon & Caper Mayo £8.75 (GF)

Wild Mushroom & Walnut Tarts £8.95 (V)

Sweetcorn Fritters with Guacamole & Chilli Sauce £8.25 (V)(GF)

Roast Tomato, Mozzarella & Basil Toastie £7.75 (V)

Served with a Selection of Salads

Selection of Salads

A mixed plate of a Selection of Salads (VG)*

Small plate £5.75 Large plate £8.50 Couscous with Pomegranate & Mint;

New Potato with Shallots; Beetroot with Cranberries & Pecans;

Green Cabbage Slaw

* Add: Houmous £1 or Bread 75p

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Children's Menu

- Ham or Cheese Sandwich £3.75
Houmous & Vegetable Sticks £3.50 (VG/GF)
Cheesy Pasta £4.50 (V)

Cream Teas

Pot of Tea, Fruit or Plain Scone
with Clotted Cream & Jam £5.50

Pot of Tea, Cheese Scone
with Cheddar Cheese & Tomato Chutney £4.50
Gluten Free Cheese or Fruit Scones available

Drinks

- Espresso £1.80
Devonia Still or Sparkling Water £1.95
Coke or Diet Coke £1.95
Double Espresso, Americano £2.50
Flat White, Latte, Cappuccino, £2.75
Hot Chocolate £2.75
Selection of Loose Leaf Teas £2.00 - £2.30
Selection of Heron Valley drinks £2.95
Milk alternatives available: Soya, Almond and Oat

GF = gluten free
VG = vegan
V = vegetarian
DF = dairy free